



Health Screening Plans For Ladies *fasting required	Vital Bloom \$150.42 (w/GST) (Designed for ages 20-29)	Thrive 360 \$354.25 (w/GST) (Designed for ages 30-39)	Radiance Plus \$626.75 (w/GST) (Designed for ages 40-49)	Golden Vitality \$850.20 (w/GST) (Designed for ages above 50)
Physical Examination by Doctor Examination of Heart, Lungs and Abdomen, Neurological and Musculoskeletal Examination, Blood Pressure Reading		✓	✓	✓
Clinical Measurements Height, Weight, Body Mass Index (BMI), Body Fat %, Visual Acuity, Blood Pressure Reading	✓	✓	✓	✓
Additional Clinical Measurements Water %, Muscles Mass %, Visceral Fat % & Bone Mass		✓	✓	✓
Eye Screening	✓ Visual Acuity and Color Blindness Tests	✓ Visual Acuity Resting	✓ Visual Acuity Resting	✓ Visual Acuity Resting and Diabetic Retinal Photography
Tonometry (Eye Pressure)				✓
Spirometry				✓
HbA1c		✓	✓	✓
Diabetic (Glucose) Lipid/Cardiac Risk - (Total Cholesterol, HDL, LDL, Chol/HDL Ratio, Triglycerides) Haematology (Full Blood Count, PBF; ESR, ABO) Kidney - (Urea, Creatinine, Sodium, Potassium, Bicarbonate, Chloride) Liver - (Bilirubin, Protein, Albumin, Globulin, A/G Ratio, ALT (SGPT), AST (SGOT), Alkaline Phosphatase, GGT) Bone & Joint - (Calcium, Phosphate, Uric Acid, Rheumatoid Factor (RF)) Urine Analysis (Urine FEME) Stool Analysis (Stool Occult Blood) Thyroid (Free T4 (FT4), Thyroid Stimulating Hormone (TSH)) Cancer Marker (Carcinoembryonic Antigen (CEA), Alpha Feto Protein (Liver), CA12.5 (Ovarian)) STD Screen (VDRL (& Titre if reactive); TPHA (if VDRL is reactive)) Hepatitis (Hep Bs Antigen & Antibody, Hep A Total (IgG) Antibody) Thinprep Test	✓	✓	✓	✓
Ultrasound Breast		Choose 1 test ✓	✓	✓
Ultrasound Pelvis			✓	✓
Mammogram			✓	✓
Bone Mineral Density				✓
Medical Report + Medical Review	✓	✓	✓	✓
Breakfast / Snack		✓	✓	✓



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