



Health Screening Plans For Men *fasting required	ESSENTIALS \$150.42 (w/GST) (Designed for ages 20-29)	CORE \$354.25 (w/GST) (Designed for ages 30-39)	PRIME \$626.75 (w/GST) (Designed for ages 40-49)	APEX \$850.20 (w/GST) (Designed for ages above 50s)
Physical Examination by Doctor Examination of Heart, Lungs and Abdomen, Neurological and Musculoskeletal Examination, Blood Pressure Reading		✓	✓	✓
Clinical Measurements Height, Weight, Body Mass Index (BMI), Body Fat %, Visual Acuity, Blood Pressure Reading	✓	✓	✓	✓
Additional Clinical Measurements Water %, Muscles Mass %, Visceral Fat % & Bone Mass		✓	✓	✓
Eye Screening	✓ Visual Acuity and Color Blindness Tests	✓ Visual Acuity Resting	✓ Visual Acuity Resting	✓ Visual Acuity Resting and Diabetic Retinal Photography
Tonometry (Eye Pressure)				✓
Spirometry				✓
HbA1c		✓	✓	✓
Diabetic (Glucose) Lipid/Cardiac Risk (Total Cholesterol, HDL, LDL, Chol/HDL Ratio, Triglycerides) Haematology (Full Blood Count, PBF; ESR, ABO) Kidney (Urea, Creatinine, Sodium, Potassium, Bicarbonate, Chloride) Liver - (Bilirubin, Protein, Albumin, Globulin, A/G Ratio, ALT (SGPT), AST (SGOT), Alkaline Phosphatase, GGT) Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor (RF)) Urine Analysis (Urine FEME) Stool Analysis (Stool Occult Blood) Thyroid (Free T4 (FT4), Thyroid Stimulating Hormone (TSH)) Tumour Marker (Carcinoembryonic Antigen, CEA (Colon, Paeceas, Stomach), Alpha Feto Protein (Liver), PSA (Prostate)) STD Screen (VD Screen (Syphilis TP Ab Screen), VDRL (RPR) & TPLA (if Syphilis TP Ab is reactive)) Hepatitis (Hep Bs Antigen & Antibody, Hep A Total (IgG) Antibody)	✓	✓	✓	
Ultrasound HBS (Liver, Gallbladder, Bile Duct, Pancreas)		Choose 1 test	Choose 2 tests	Choose 4 tests
Ultrasound KUB (Kidney, Ureter, Bladder)				
Ultrasound Prostate				
Ultrasound Thyroid				
Treadmill ECG				
Medical Report + Medical Review	✓	✓	✓	✓
Breakfast / Snack		✓	✓	✓



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