

# FAMILYCARE

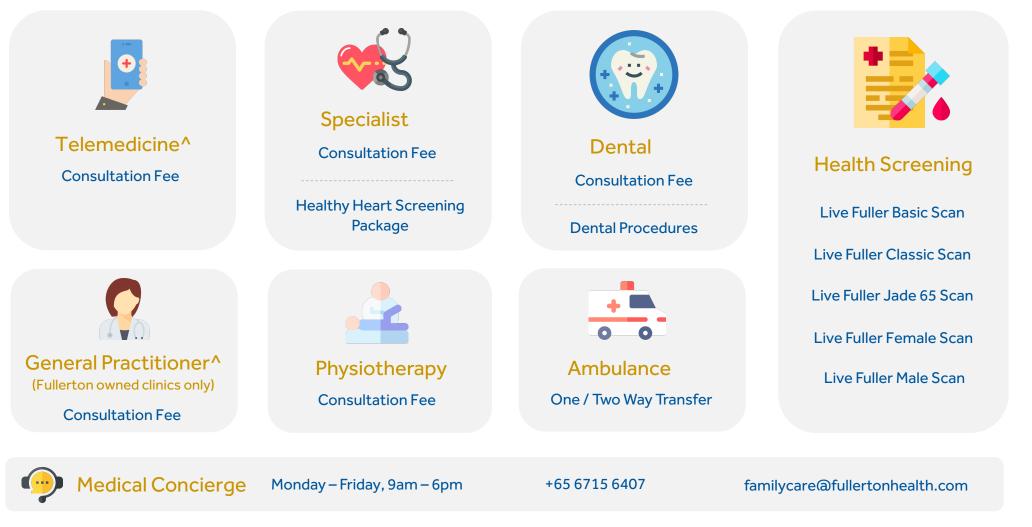
Providing affordable and accessible care for you and your family



Affordable and Accessible Care for All in Asia Pacific



# FAMILYCARE BENEFITS AND PREFERRED RATES FOR SERVICES LISTED BELOW



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# SPECIALIST Healthy Heart Screening Package \$299.60 (include GST)



- 1. Clinical Assessment & Review
  - Interview and physical examination by Cardiologist\*\*
  - Review of medical reports by Cardiologist\*\*
- 2. Laboratory
  - Lipid Screen
    - Total Cholesterol, HDL Cholesterol, LDL Cholesterol, TC/ HDL Ratio, Triglycerides
  - Liver Function Test
    - Bilirubin, Total Protein, Albumin, Globulin, A/G Ratio, ALP, SGOT, SGPT, SGGT
  - Renal Screen
    - Glucose, Potassium, Sodium, Chloride, Urea, Creatinine
- 3. Tests
  - Electrocardiogram (ECG)

#### Note:

- Valid till 31st Dec 2021
- Strictly by appointment only (Hotline: 6715 6407)
- \* Test and review will be done at the following locations only:
- 820 Thomon Road #06-02 Mt Alvernia Medical Centre Block A Singapore 574623
- 319 Joo Chiat Place #03-05B Parkway East Medical Centre Singapore 427989
- 3 Mount Elizabeth, #06-06 Medical Centre, Singapore 228510
- \*\* Cardiologist: Dr Tan Kok Soon/ Dr Tan Svenszeat / Dr Kelvin Wong







# *Live Fuller* Basic Scan \$250.00 (include GST)

### 1. Clinical Measurements

Height and Weight Measurements | Body Mass Index (BMI) & Body Fat Analysis | Blood Pressure Reading

- 2. Resting Electrocardiogram (ECG)
- 3. Chest X-Ray
- 4. Medical Report and Medical Review\*
- 5. Blood and Urine Investigations

[FME10]

## Note:

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- Health screening pods and refreshments are <u>NOT AVAILABLE</u> for Basic Scan.
- Strictly by appointment only (Hotline: 6715 6407)

\* Only 1 medical review is included in the package. Consultation charges apply for further reviews.

### Lipid Screen

Total Cholesterol HDL-Cholesterol Total/HDL Cholesterol Ratio LDL-Cholesterol Triglycerides Wr-CRP

Liver Screen

Bilirubin Alkaline Phosphatase GGT SGPT (ALT) SGOT (AST) Protein Albumin Globulin Albumin/Globulin Ratio

#### Kidney Screen

Urea Creatinine Potassium Sodium Chloride Bicarbonate Egfr

## Diabetic Mellitus Screen

Fasting Blood Sugar HbA1C

#### Bone & Joint Screen

Calcium Phosphates Uric Acid

#### Tumour Markers Screen

AFP (Liver) CEA (Colon) PSA (Prostate) – For Men CA125 (Ovaries) – For Women

#### Hepatitis Screen

Hepatitis A Antibody Hepatitis B Antibody Hepatitis B Antigen

## Thyroid Screen

Free T4 TSH

#### Haematology Full Blood Count, PBF

<u>Urinalysis</u> Urine FEME

<u>Stool Screen</u> Stool Occult Blood

#### STD Screen

Syphilis Ab





# *Live Fuller* Classic Scan \$400 (include GST)

#### 1. Physical Examination by Doctor

Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) and Body Fat Analysis | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading

- Resting Electrocardiogram (ECG) 2.
- **Tonometry (Eye Pressure)** 3.
- Medical Report and Medical Review\* 4.
- Blood and Urine Investigations 5. [FME05 + PAH]

#### + Choice of 1 of the following tests:

- 1. Additional Heart Test: Stress ECG (Treadmill)
- 2. Additional Lung Test: Spirometry

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## 3. Additional Cancer Test: Breast, Pancreas, Nose (Female) /

Testicular, Pancreas, Nose (Male)

#### [GS1317 (F) / GS1318 (M)]

#### Note: Strictly by appointment only (Hotline: 6715 6407)

\* Only 1 medical review is included in the package. Consultation charges apply for further reviews.

#### Lipid Screen

**Total Cholesterol** HDL-Cholesterol Total/HDL Cholesterol Ratio LDL-Cholesterol Triglycerides

#### **Liver Screen**

Bilirubin, Total **Alkaline Phosphatase** SGGT SGPT (ALT) SGOT (AST) **Total Protein** Albumin Globulin Albumin/ Globulin Ratio

#### **Kidney Screen**

Urea Creatinine **Bicarbonate** Potassium Sodium Chloride eGFR

#### Cardiac Risk Screen

**Diabetic Mellitus Screen** Fasting Blood Sugar HbA1C

#### Bone and Joint Screen

Calcium **Phosphates** Uric Acid **RA** Factor

HsCRP

#### **Tumour Markers Screen**

AFP (Liver) CEA (Colon) PSA (Prostate) - Male CA125 (Ovaries) – Female

#### **Thyroid Screen**

Free T4 TSH

#### Hepatitis Screen

Hepatitis A Antibody Hepatitis B Antigen and Antibody

#### Haematology

White Blood Count Red Blood Count Haemoglobin PCV (HCT) Platelet MCV, MCH, MCHC **Differential Count** Peripheral Blood Film

## Urinalvsis

Urine FEME

**Stool Screen** Stool Occult Blood

Pap Smear Pap Smear – Female





RECOMMENDED AGE >65yo

# *Live Fuller* Jade 65 Scan \$600 (include GST)

### 1. Physical Examination by Doctor

HEALTH SCREENING

Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) and Body Fat Analysis | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading

- 2. Resting Electrocardiogram (ECG)
- 3. Tonometry (Eye Pressure)
- 4. Spirometry (Lungs)
- 5. Audiometry
- 6. Medical Report and Medical Review\*
- 7. Blood and Urine Investigations [FME07]

#### + Choice of 1 of the following tests:

- 1. Ultrasound Liver
- 2. Ultrasound Kidney, Ureters and Bladder
- 3. Ultrasound Thyroid
- 4. Bone Mineral Density test\*\*
- 5. Ultrasound Prostate (male)
- 6. Ultrasound Breast (female)
- 7. Mammogram (female)\*\*\*

#### Note: Strictly by appointment only (Hotline: 6715 6407)

\* Only 1 medical review is included in the package. Consultation charges apply for further reviews.

- \*\* Done at Radlink (290 Orchard Road, #08-08 Paragon Medical, S 238859)
- \*\*\* Only available at NAC (391B Orchard Road #25-03/07/08 Ngee Ann City Tower B, S 238874)
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Lipid Screen Total Cholesterol HDL-Cholesterol Total/HDL Cholesterol Ratio LDL-Cholesterol Triglycerides

Liver Screen Bilirubin, Total Alkaline Phosphatase SGGT SGPT (ALT) SGOT (AST) Total Protein Albumin Globulin Albumin/ Globulin Ratio

#### Kidney Screen

Urea Creatinine Bicarbonate Potassium Sodium Chloride eGFR

#### Cardiac Risk Screen HsCRP

Diabetic Mellitus Screen Fasting Blood Sugar HbA1C

Bone and Joint Screen Calcium Phosphates Uric Acid RA Factor

#### Tumour Markers Screen

AFP (Liver) CEA (Colon) PSA (Prostate) – Male CA125 (Ovaries) – Female CA 19-9 (Pancreas/ Stomach) EBV EA IgA (Nose) CA 15-3 (Breast) – Female

#### **Thyroid Screen**

Free T4 TSH

#### Hepatitis Screen

Hepatitis A Antibody Hepatitis B Antigen and Antibody Hepatitis C Antibody

#### **Haematology**

White Blood Count Red Blood Count Haemoglobin PCV (HCT) Platelet MCV, MCH, MCHC Differential Count Peripheral Blood Film

#### <u>Urinalysis</u>

Urine FEME Urine Microalbumin / Creatinine

#### <u>Stool Screen</u> Stool Occult Blood

Auto-immune Disease Screen Anti Nuclear Antibody

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# Live Fuller Female Scan

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No.	Tests		Price (include GST)	Note: Strictly by appointment only (Hotline: 6715 6407)
1.	emale Tumour Markers Screen:CA15.3 (Breast)• ROMA Index (Ovaries)CA125 (Ovaries)• CA19.9 (Pancreas)		\$321.00	* Only 1 medical review is included in the package. Consultation charges apply for further reviews.
	<ul><li>Beta HCG (Ovaries)</li><li>HE4 (Ovaries)</li></ul>	<ul><li>AFP (Liver)</li><li>CEA (Colon)</li></ul>		
2.	Female Hormone Panel:		\$85.60	
	• Estradiol	Follicle Stimulating Hormone		
-	<ul> <li>Luteinizing Hormone</li> </ul>	<ul> <li>Prolactin (patient to rest for 30min)</li> </ul>		
3.	Sexual Wellness/ STD Screen:		\$235.40	
	Chlamydia	• HIV Ag/Ab		
•	Gonorrhoea	• VD (Syphilis TP Ab)		
	<ul> <li>Herpes Simplex Virus Type I &amp; II</li> </ul>	<ul> <li>RPR &amp; TPPA (if Syphilis is reactive)</li> </ul>		
4.	HPV DNA test + Pap Smear:		\$235.40	
	Recommended by MOH for women >30yo, every 5 years (cervical cancer)			





Live Fuller Male Scan

No.	Tests		Price (include GST)	Note: Strictly by appointment only (Hotline: 6715 6407)
1.	<ul> <li>Male Tumour Markers Screen:</li> <li>Prostate Specific Antigen (PSA)</li> <li>Beta HCG (Testicular)</li> </ul>	<ul><li>AFP (Liver)</li><li>CEA (Colon)</li></ul>	\$171.20	* Only 1 medical review is included in the package. Consultation charges apply for further reviews.
	• CA19.9 (Pancreas)			
2.	<ul> <li>Male Anti-Ageing Panel:</li> <li>Testosterone</li> <li>Dehydroepiandrosterone Sulfate (DHEAS)</li> <li>Insulin-like Growth Factor (IGF-1)</li> </ul>	<ul> <li>Sex Hormone Binding Globulin (SHBG)</li> <li>Free Androgen Index (FAI)</li> </ul>	\$214.00	
3.	<ul> <li>Sexual Wellness/ STD Screen:</li> <li>Chlamydia</li> <li>Gonorrhoea</li> <li>Herpes Simplex Virus Type I &amp; II</li> </ul>	<ul> <li>HIV Ag/Ab</li> <li>VD (Syphilis TP Ab)</li> <li>RPR &amp; TPPA (if Syphilis is reactive)</li> </ul>	\$235.40	