



PLATINUM (HIM)

Published Rate Ph 25,000

Full Physical Exam

Personal and family Medical History Review
Head to Toe Physical Examination, Visual Acuity Fundoscopy and Color Blindness Test

Vital Measurements

Height
Weight
Blood Pressure

Weight Category Analysis

Body Mass Index (BMI)
Body Fat Analysis (BFA)

Diagnostic Examination

Electrocardiogram (ECG)
Audiometry
Treadmill Stress Test***

Diagnostic Imaging

Chest X-ray
Whole Abdomen Ultrasound
Prostate Ultrasound***

Basic Laboratory Examination

Urinalysis
Fecalysis
Complete Blood Count (CBC)

Specialized Laboratory Examination

Lipid Profile: *Total Cholesterol, LDL, HDL, Triglycerides, VLDL*
Infection Screen: *ESR*
Liver Screen: *SGPT (ALT), SGOT (AST), Total Protein, Albumin, Globulin (TPAG)*
Kidney Screen: *Blood Urea Nitrogen (BUN), Creatinine, Uric Acid*
Electrolyte Screen: *Sodium, Potassium*
Diabetes Screen: *Fasting Blood Sugar, HbA1C*
Thyroid Screen: *TSH*

Health Screening Report with Chronic Disease Risk Assessment

Doctor Review

Post health screening with Lifestyle Medicine Doctor (Virtual or Face to Face)

Hearty Breakfast and Refreshment

***Optional tests - Client may choose one of the optional tests

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radlinkoffice@radlink.com.ph / radlink.com.sg TELEPHONE NUMBER (02) 8351 -6143 / 4TH FLOOR COMFOODS

BUILDING, SAN ANTONIO, MAKATI CITY, PHILIPPINES