

### PLATINUM (HER)

Published Rate Ph 25,000

## **Full Physical Exam**

Personal and family Medical History Review. Head to Toe Physical Examination, Visual Acuity Fundoscopy and Color Blindness Test.

#### **Vital Measurements**

Height Weight **Blood Pressure** 

# **Weight Category Analysis**

Body Mass Index (BMI) Body Fat Analysis (BFA)

# **Diagnostic Examination**

Electrocardiogram (ECG) Audiometry Pap Smear Treadmill Stress Test\*\*\*

### **Diagnostic Imaging**

Chest X-ray Whole Abdomen Ultrasound Breast Ultrasound\*\*\* Mammogram\*\*\*

## **Basic Laboratory Examination**

Urinalysis Fecalysis Complete Blood Count (CBC)

## **Specialized Laboratory Examination**

Lipid Profile: Total Cholesterol, LDL, HDL, Triglycerides, VLDL Infection Screen: ESR Liver Screen: SGPT (ALT), SGOT (AST),

Total Protein, Albumin, Globulin (TPAG) Kidney Screen: Blood Urea Nitrogen

(BUN), Creatinine, Uric Acid

Electrolyte Screen: Sodium, Potassium Diabetes Screen: Fasting Blood Sugar,

HbA1C

Thyroid Screen: TSH

# **Health Screening Report with Chronic Disease Risk Assessment**

#### **Doctor Review**

Post health screening with Lifestyle Medicine Doctor (Virtual or Face to Face)

### **Hearty Breakfast and Refreshment**

<sup>\*\*\*</sup>Optional tests - Client may choose one of the optional tests