



GOLD

Published Rate Ph 19,000

Ideal for 36- 45 years old

Full Physical Exam

Personal and family Medical History Review. Head to Toe Physical Examination, Visual Acuity Fundoscopy and Color Blindness Test.

Vital Measurements

Height
Weight
Blood Pressure

Weight Category Analysis

Body Mass Index (BMI)
Body Fat Analysis (BFA)

Diagnostic Examination

Electrocardiogram (ECG)

Diagnostic Imaging

Chest X-ray
Kidney, Ureter, Bladder (KUB)

Basic Laboratory Examination

Urinalysis
Fecalalysis
Complete Blood Count (CBC)

Specialized Laboratory Examination

Lipid Profile: *Total Cholesterol, LDL, HDL, Triglycerides, VLDL*
Liver Screen: *SGPT (ALT), SGOT (AST), Total Protein, Albumin, Globulin (TPAG)*
Kidney Screen: *Blood Urea Nitrogen (BUN), Creatinine, Uric Acid*
Electrolyte Screen: *Sodium, Potassium*
Diabetes Screen: *Fasting Blood Sugar, HbA1C*
Thyroid Screen: *TSH*

Health Screening Report with Chronic Disease Risk Assessment

Doctor Review

Post health screening with Lifestyle Medicine Doctor (Virtual or Face to Face)

Hearty Breakfast and Refreshment

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