



DIAMOND

Full Physical Exam

Personal and family Medical History Review
Head to Toe Physical Examination, Visual Acuity Fundoscopy and Color Blindness Test.

Vital Measurements

Height
Weight
Blood Pressure

Weight Category Analysis

Body Mass Index (BMI)
Body Fat Analysis (BFA)

Diagnostic Examination

Electrocardiogram (ECG)
Audiometry
Tonometry

Diagnostic Imaging Examination

Chest X-ray
Whole Abdomen Ultrasound

Advance Diagnostic Imaging Examination

Heart Scan – CT Cardiac Calcium Score
Lung Scan – CT Lung Screen

Basic Laboratory Examination

Urinalysis
Urine Microalbumin
Fecal Occult Blood Test
Complete Blood Count (CBC)

Specialized Laboratory Examination

Lipid Profile: *Total Cholesterol, LDL, HDL, Triglycerides, VLDL*
Infection Screen: *ESR*
Liver Screen: *SGPT (ALT), SGOT (AST), Alkaline Phosphatase, Total Bilirubin, Total Protein, Albumin, Globulin (TPAG)*
Kidney Screen: *Blood Urea Nitrogen (BUN), Creatinine, Uric Acid, Glomerular Filtration Rate (GFR)*
Electrolyte Screen: *Sodium, Potassium, Chloride*
Diabetes Screen: *Fasting Blood Sugar, HbA1C*
Thyroid Screen: *TSH*
Bone Screen: *Total Calcium, Inorganic, Phosphorus*
Hepatitis Screen: *HbsAg*
Tumor Marker: *AFP (Liver)*

Health Screening Report with Chronic Disease Risk Assessment

Doctor Review

Post health screening review with Lifestyle Medicine Doctor (Virtual or Face to Face)

Hearty Breakfast and Refreshment



A Member of

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